

Thoughts on reality

Sally Cunis (February 2002)

On reading the article about Global Grids by Dennis Wheatley, I've been inspired to write down a few thoughts of my own, which may or may not make sense to my fellow dowers! Feel free to disagree!

When I was studying and training to be a healer back in 1986, several things were said at the time of which I had little understanding, but which have since come home to roost in more recent years. One of these sayings was "we create our own reality." One can see this on several levels, one being that mentally, we (unconsciously or otherwise) choose to see things in certain ways. This will be very much affected by our upbringing, religious and societal conditioning, and personal experiences. I can remember being fairly gobsmacked (as the saying is today!) at the idea of dowsing a `thought form`. A dowsing friend `drew` a line in the air, without me looking. I then had to find out where in the air this thought form was. My rods crossed when I hit upon it.

This says to me, that everything starts with thought. We do nothing, create nothing, without it starting as a thought. A wise and extraordinary woman who was a family friend in my childhood, said that "thoughts are things." I was also told, during my Healing training, that "we are co-creators with God." I realise that everyone sees "God" in a very different way, and for the purposes of clarity in this article, I hope you will not mind my outlining my own very personal view of what "God" is.

I feel that everything that exists consists of energy, and also that everything that exists has a consciousness; perhaps that may be easily understood if one is thinking of people, or animals, but it may be a more difficult concept to take on board if one applies that to plants, trees, or even rocks, and the planet herself. To me, the `god` spark is within everything and everyone, and this `god` consciousness provides the `oneness` that is spoken of in many religious philosophies. This is why, when we damage ourselves, or each other, or any other creature or created `thought`, we actually do damage to the whole of creation, not just ourselves, and not just a part of it.

I also believe that the Universe itself is a giant thought form, and that we have created it - because we are god, part of god, co-creators with god. We have created our own reality on a truly cosmic level. Awesome! We have thought ourselves into physical manifestation, we think ourselves into incarnation. Previous lives and powerful past life experiences will impact upon the present life incarnation. We create our own bodies by thought - it's not all done by a man and a woman making love (or whatever artificial means which are now being used). They provide the physical `nest` in which to grow a human body, the rest is up to us. I do not agree with our scientists that it is the brain which gives rise to thought, but that life starts with thought, that it is the divine spark within each one of us which creates life, and gives rise to a brain that processes our thoughts, and possibly filters out unwanted or overpowering knowledge, as well. How else could we cope with the world if we were always aware of all that is, and was? I think it would, quite literally, blow our minds, and we would not be able to bear the pain of being human. I feel we almost need to forget where we have come from, so that we can focus on what we need to do here whilst in physical incarnation.

So here I see `Mind` as the power behind the physical universe, the driving force which is able to manifest itself in whatsoever manner it chooses. It`s an awesome responsibility, because we are that mind. As dowers, we are sometimes able to access this higher level of reality, where all is known. Part of ourselves, the spiritual or god part, if you like, knows this. Not only do we have access to all knowledge, but we can also access the sum total of human existence, and perhaps even travel backwards and forwards through time itself. The only limitations we have are the ones that we impose upon ourselves.

Jung talked of a `collective unconscious` which again we can tap into intuitively and psychically. This can happen knowingly, or through dreams, meditation, or (sometimes, and not recommended!) through the use of drugs. It is interesting that there have been some remarkable `coincidences`, where a similar product has been invented at the same time, unknowingly, by someone else, in a completely different part of the world. Jung didn`t believe in coincidences, he called it `synchronicity`. It`s as though the great universal mind, with its overall wisdom and sense of timing, makes itself known to human endeavour - "OK, it`s time to invent the wheel/internal combustion engine/etc. now." Synchronicity is what brings people, events, experiences, together, and is usually part of the pattern which as humans, we find sometimes difficult to make sense of, but the greater Mind - KNOWS!

Not only does everything start in thought, but everything leaves its energetic imprint. We often, as dowers, are looking for things which apparently no longer exist. On another level, they do. Why else would we be able to find the walls of a building which is no longer there? Or trace forgotten trackways, find missing stones at stone circles, find the route that someone has walked? Because we are `tuning in`, tuning in to another level of reality, and because everything that is created carries a memory (which is how homeopathy works), and leaves an energetic imprint. Ancient religions speak of the `Akashic Records` where all that is, and has been, is kept for all time, and nothing is left out, or forgotten. Rather a terrifying concept. As a small child, I had the fantasy that everything that had been said, all noise, sound, music, was somehow still around somewhere, and that one day we would be able to access it. Well, I can`t access sound, some people do, I think, but I am able sometimes to access pictures, visions of the past or future. Sometimes I need a pendulum or rods to help me, at other times, no tools are necessary, I just seem to pick up on the memory.

To sum up, then, I think we can create anything we like. Sometimes we will be able to transmute the thought form into physical manifestation, at other times, it will remain just that, a thought. People`s emotions certainly affect their auric field, both in terms of colour (which boils down to being energy vibrating at a certain rate), and dimension. A kind of energy `grid` exists within the human body, acupuncturists access this by way of tapping into nodal points, which affect the meridians, or grid, and thereby affecting the entire organism.

Standing stones, circles etc. are again nodal points on the surface of the planet, and will affect the `meridians` or energy lines in all directions. Many of us are fascinated by this extraordinary linkage of lines and grids; how many of us realise that another grid exists, in the etheric envelope surrounding our planet, and that this is constantly worked on, being kept in good repair, by beings in another reality or dimension. Bit like the Forth Bridge, this. Mankind is constantly damaging it, so it`s a never ending repair job! But the line between what we see as physical normality, and what we tune

into when we are dowsing, is finer than we think. All the different levels interpenetrate each other, making me wonder actually what is reality? Mine is different from yours, and yours is different from your neighbour, and his is different again. All this brings home to me that we are actually made of greater stuff than we give ourselves credit for, and have the potential to be or do whatever we want. This business of `free choice`, then, is an absolutely huge responsibility, and one which, as a race, we seem to have messed up on a grand scale. Only as individuals taking responsibility for our thoughts, words and actions, can we change our world, because change has to start from within ourselves, and then and only then, will our world change. Hooray! Change is much, much needed. And soon!