



Medicine Wheels with Heather Darwin

this talk was held in Chulmleigh in October 2019

(Gwynn Paulett)

The Medicine Wheel is an exciting and absorbing adventure of self-discovery. It is about finding your own power – your own medicine.

The talk started with the history of the Medicine Wheel, which is believed to go back to the ancestors of the Mayans, ancient civilisations on islands in the Pacific Ocean. They built many of the ancient temples and other stone structures now found in South and Central America.

Their discovery of the Medicine Wheel was synonymous with their discovery of mathematics. Through their knowledge of mathematics, the Mayans developed an understanding of time and the nature and evolution of the universe that was far beyond any other culture that had existed.

They also kept calendars of the luminosity (full moon) and eclipse cycles as well as recording synodical revolutions of the cycles of Mercury, Venus, Mars, Jupiter and Saturn.

A large number of Mayans moved north into what has become North America taking their knowledge and traditions with them. These were the forefathers of the Native American Indians and their Medicine Wheels, of which there are numerous examples in North and South America. Each is unique in its construction, circular in layout and all mark a sacred place.

The earliest archaeological records show that the first Medicine Wheels appeared around 2000 BC – Sedona in Wyoming being the first. Many wheels that we see today have been built on top of older sites.

Heather said that the Medicine Wheel may have been the forerunner of many other sacred

symbols including stone circles, the flower of life, a labyrinth, a pentangle, Egyptian wheels and the Yin/Yang symbol.

She then went on to describe the Medicine Wheel she and fellow dowsers had created. This incorporates 26 stones, all having their own energetic and directional interpretations. The stones used were Welsh Quartz and individually dowsed to ensure they wanted to be part of the Medicine Wheel and also where they wanted to be placed.

The specific protocol for walking the Medicine Wheel was explained along with the identification of various leys, healing spots and pictograms that had been discovered.

We were left with the final query: “Was the Medicine Wheel the source of all Healing Rings?”



This image shows the layout of the stones that are in Heathers circle. Where both stones and its position were selected and placed by dowsing.