

Building a Mini Neolithic Healing Circle.

A friend rang to discuss the possibility of building a stone circle on her land based on the design of Jack Temple. (p. 46 "Medicine Man"). It was an exciting project and along with others, I offered to help. I re read the chapter called "The Circle". In it Jack Temple suggests the possibility of building such a circle on a small scale around your chair. That got me into action.

The next day I walked along the sandy beach of Dawlish Warren with a carrier bag picking up stones which caught my eye. I knew I needed 15 for the circle and some more but I had forgotten the total. I picked up any stone I felt attracted to (mainly quartz), until the bag got too heavy. They would each fit into the palm of one's hand.



I dowsed my back yard to find the most beneficial spot to place the circle. Having washed the stones I laid them out on the ground and dowsed the stones to determine which was to be number 1, then number 2 and so on until the 15 had been identified. I then dowsed for the diameter of the circle and where to place the stones in their order. On checking Jack Temple's diagram, I needed another nine stones to complete the pattern, 7 in a line ahead of the circle, a "distribution" stone and a "cosmic energy" stone. I looked to see if I had enough remaining and found I had picked up exactly the right number.

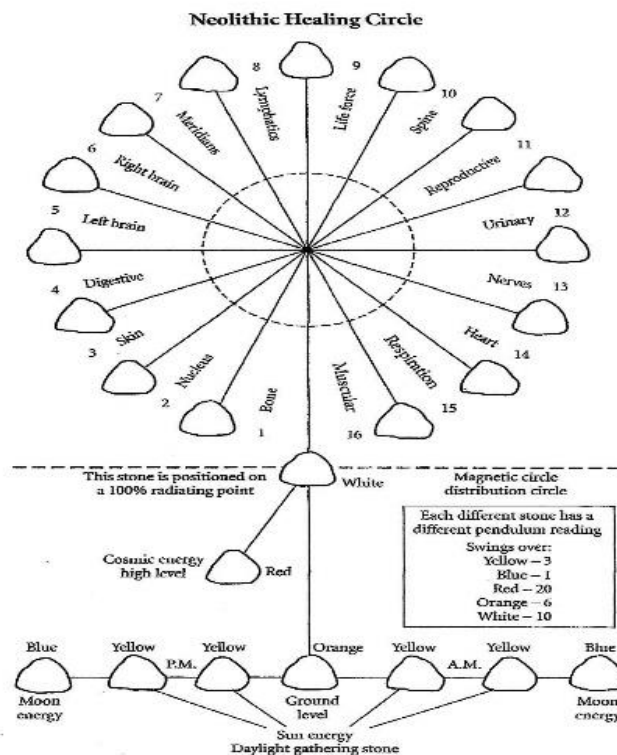
I dowsed for the location and the order of the remaining stones, as well as the diameter of the circle. I then dowsed for the way to face it, which was south. I checked the circle's energy level which was 75% so I asked for it to be raised to 100%. I requested to be shown which segment I should stand in by holding one rod. It was segment "3". I checked in the book to see what "3" represented and it was "skin".

I didn't consider I had an issue with my skin but a thought came into my head which was "Vitamin D". I dowsed for my level of Vitamin D and found I was 44% deficient. I was in awe of the fact that the stone circle had led me to this discovery. I then Googled what food I needed to eat which was rich in Vitamin D. Oily fish was top of the list.

I could not believe that I had taken a piece of salmon out of the freezer to eat for super that evening. At lunch time I had fancied some sardines and had eaten a tin having bought six tins the day before. This level of synchronicity felt more than chance. I was being taken care of by the universe. Intuitively I had already decided I wanted oily fish to eat but I was not aware of any "reason" for that (I had never bought six tins of sardines before!) but by using the stone circle as a diagnostic tool I was given information which brought to consciousness my Vitamin deficiency. My dowsing told me it would also work as a healing instrument.

In the morning my vitamin D level had risen one percentage point. I went into segment three of the stone circle and asked for my vitamin D levels to rise to 100%. I waited watching the rods slowly move to my "Yes". I re dowsed and my level was 100%. The next day I asked again where I should stand in the circle. The rod moved past segment three and stopped at segment 11 which, when I checked to see what that indicated in Jack Temple's book, it accurately pointed to a longstanding issue I was aware of, an enlarged prostate thereby providing another accurate diagnosis.

I then used dowsing to ask whether I could use the stone circle to 'heal' this issue I had, and the answer I got was 'Yes'. I asked where I needed to stand within the circle, which was in segment 11,



at what time of day, which was 17.30, for how long and got 10 minutes and for how many days which was 12 consecutive days. I will be able to validate the results one way or another at the time of a 6th monthly blood test for my PSA (Prostate-specific antigen) levels.

I'm not sure Jack Temple used his stone circle in this way. He grew herbs in each segment which were then used as a remedy for each of the body's issues identified for each segment. He makes the point that it doesn't matter how big or small the stones are, as the circle will need to expand in proportion. The space mine takes up measures 220 cms x 240 cms.

Maybe you could build one where you live. There is no cost. Just think of a favourite place you could collect some stones from, which would not be missed. Dowse for this, as well as whether they would each be willing to contribute energetically to a stone circle having identified them.

References:

"The Healer" by Jack Temple published by Findhorn Press.

"Medicine Man" by Jack Temple published by Findhorn Press.

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