



Devon Dowers - What's on in June and Monthly Magazine.

June 2024

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17	18 <i>DOWSING DEVELOPMENT GROUP</i> <i>Time: Jun 18, 2024 20:00</i>	19	20	21	22	23
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Devon Dowers - What's on in June and Monthly Magazine.

Welcome to the June edition.

I hope that this finds you well and enjoying the glorious growth of mother nature in her glory. We have finally arrived at June and of course D Fest beckons. We have a few weekend tickets left but overall we have been knocked over in the rush and had to add two extras trips to Dartmoor to accommodate demand.

May proved to be a very busy and enjoyable month, especially with the varied and profound input from Dr Karen Stead-Dexter. We have two write-ups of her walk and talk on the medicine wheel at East Anstey. I thought that it is interesting to see how varied the impact that it made on two members who attended and illustrated its impact upon them.

Dr Karen also held two Zooms on the topic of Chakra Health. These were appreciated by the audience and the questions were varied and comprehensively answered. I will be writing up a view of these two zooms very soon and sending them separately.

Apart from D Fest, we have the regular Dowsing Development Group on the 18th June, which will hopefully be stimulated by whatever happens at D Fest. Also the Video and Book Club will take place on Thursday 27th June. Both will start at 8pm.

You will have noticed that I have started this edition with a calendar. I was asked to have this at the start of this publication to allow easy access to the Zoom log-in details. I hope that this is helpful.

See you soon.

Trevor

ZOOM MEETINGS IN JUNE

DOWSING DEVELOPMENT GROUP

Time: Jun 18, 2024 20:00 London

VIDEO AND BOOK CLUB

Time: June 27th 2024 at 20:00 London

COMING UP

Zoom talks with Dr Karen Stead-Dexter

Plant Medicine One on 11th July

Plant Medicine Two on 25th July.

- ♦ **8th September Deep Connection to Plants Dartington. With Dr Karen Stead-Dexter—details to follow.**

7th July (to fit in with the tides) Dawlish Warren with Gwynn—Labyrinth creation. Details to follow.

Walk and talk with Tamar Dowsers at the Hurlers, led by Nigel Twinn

Sunday 7th July. Details to follow

11th August walk by the River Dart organised by Alan Murray. Details to follow.

**Meeting the Wild Elements. A Talk and Medicine Walk for Devon Dowers
with Dr. Karen Stead-Dexter. Sunday May 12th.**

It's easy for me to say that the day was enchanted, in the way that those who know how Karen Stead-Dexter works expect and relish.

However, in Karen's terminology "medicine" refers to knowledge and teachings, and of the 21 attendees there were some who found parts of the morning decidedly uncomfortable.

The sun was still making appearances in the afternoon when we had our medicine walk on Anstey Common on Exmoor, and from the sharing of individual experiences at the close of the day it can be said that Nature's medicine well and truly worked!

In the Community Hall Karen had prepared tables to represent each of Five directions and their associated Element. East/Fire, West/Earth, South/Water North/Air and Centre/Spirit. In the morning we had to dowse which table/Direction was most beneficial for us to sit at and work with. And so we formed our self-selected groups for discussion about how our Felt Sense was affected by each Element, and how balanced we were with that Element. Some had to get up and put some distance between the Element and themselves! We moved around each Direction and experienced each element.

After an ad hoc and pleasant lunch outside the Hall, we arranged some vehicle-shares and travelled to Anstey Common. Always mindful of permissions and respect, Karen first took us on to a nearby piece of Common to honour the Ancestors and ask permission to journey on the land that they once worked. We then walked individually, but loosely together, to a wooded river. We had been primed with possible colours and aspects of Nature to spend time with, in the morning, and we all had our own individual experiences; some extremely profound.

There was some tearing ourselves away from the peaceful sense of bliss after a couple of hours, as we made our way back, uphill. At the piece of the Common near the cars we formed a circle, and some shared their experiences. Finally, we said our goodbyes and thank you's to the Ancestors.

Thank you Alan and Karen for arranging such wonderful day. Ali Denham.



Musical Chairs?



I don't mean to trivialise Karen Stead-Dexter's wonderful Talk and Walk day on the edge of Exmoor Sunday 12 May but chairs, or at least the movement thereof, did seem to play a disproportionate part of the morning's activities!

21 of us made the journey to the furthest north east corner of Devon to join Karen exploring how the Medicine Wheel and four directions held within it affect our 'life balances', both within the hall where we spent the morning and after lunch out on the land near Hawkridge on the edge of Exmoor.

The convenient north south alignment of the Anstey Community Hall allowed Karen to set up the space with 'direction' tables for NORTH (AIR bird feathers), EAST (FIRE lit candles), SOUTH (water) and WEST (EARTH - piece of rock) with SPIRIT in the centre.

After Karen had introduced us to the cycles of the medicine wheel and the Celtic seasons we were invited to select through dowsing to which of the four directions we were drawn to and dowse for how 'balanced' we felt in that place and what feelings that direction brought to us - with some surprising results! We then did the same exercise with the remaining directions to compare how we were affected in that space.

The mass movement of chairs between each direction space caused much confusion, amusement, annoyance for all involved - including for Karen who said she will never forget them! We even had one chair collapse from under one of our group hurling him to the floor - thankfully uninjured!



After a picnic lunch outside the hall in brilliant sunshine we collectively set off in our cars (with some car seat sharing) to gather near the West Anstey long barrows where we asked the ancestors for permission to dowse and walk on the land. We then set off on foot northwards down to the lovely stream of Dane's Brook where many of us connected with the water and fire elements by having a paddle in the stream in bright sunshine. We were then invited to explore how the land affected us by walking east along the brook, back again in a westerly direction and finally southwards back up to our starting place near the barrows for a closing circle. The feed back was

illuminating.

Many thanks to Karen for leading this fascinating outing - especially as she was suffering quite a lot of pain from a twisted ankle and had to walk on a crutch!

Alan Murray